

First Aid



Tips for

Injured Children and Babies



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Unconsciousness

- Unconscious means the muscles are unable to move.
- The child is alive: there is pulse and breathing

They are **NOT DEAD**

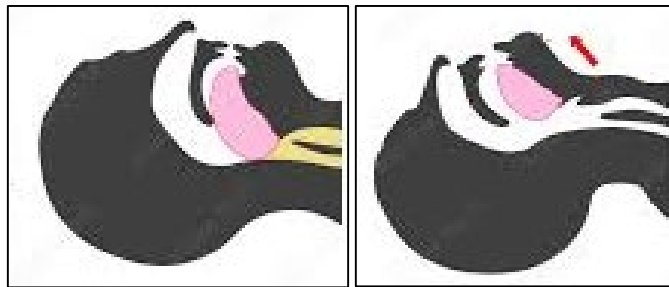
Signs of life:

1. Breathing → chest movement and breathing sounds
 2. Pulse → in the neck for children/on the upper arm for babies
- They can still hear you and feel pain and fear
 - They need to be protected and kept warm.
 - Warning: put him his side, the tongue can block his airway
 - Vomit can drown them unless you put them on their side



Opening the airway

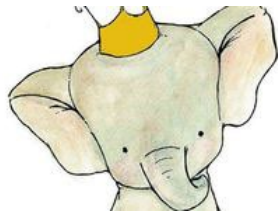
When people falls unconscious the tongue relaxes and will block the airway if they lie on their backs. Tilt the chin upwards to lift the tongue.



a) Check breathing:

- Lift the chin
- **LOOK, LISTEN, FEEL for 5 seconds**





Children are special



- It is not always obvious what is wrong
- Look at the body language, they hold the area of pain
- Search the cause of the accident
- Do not ask leading questions
- You make deals with children and stick to it (Pain for pain, like slap you when you are going to hurt them by accident)
- Get down to their eye level
- Do not scream or be angry with them
- Never punish a child for getting hurt
- To give comfort is more important than the injury



**They must always feel safe
with you**